



VEGAN COMPASSION GROUP SUMMER NEWSLETTER 2025



Dear Friends,

We've supported two new projects since we last sent out a report on our work at the end of 2024. In keeping with our wider aims, both combine educational elements to demonstrate the benefits of veganism with practical assistance for the vulnerable. Emphasising our belief in extending compassion to all sentient creatures, one of these new programmes directly benefits people while the other focuses on the suffering of non-human animals.

In a severely economically deprived area of Guatemala we are providing a weekly nutritious snack for 40 young children taking part in a course whose primary aim is to encourage empathy and kindness towards animals and nature.

In Nepal, we are delighted to be partnering once more with Magic Marble Foundation (MMF) in a relatively new venture, supporting its ground-breaking veterinary care centre for homeless dogs in Nepal.

You can read more about these and our other current campaigns below.

With gratitude for all the support that enables us to exist and to help others,

Mark Gold, Founder

June 2025

Humane Education Programme in Guatemala

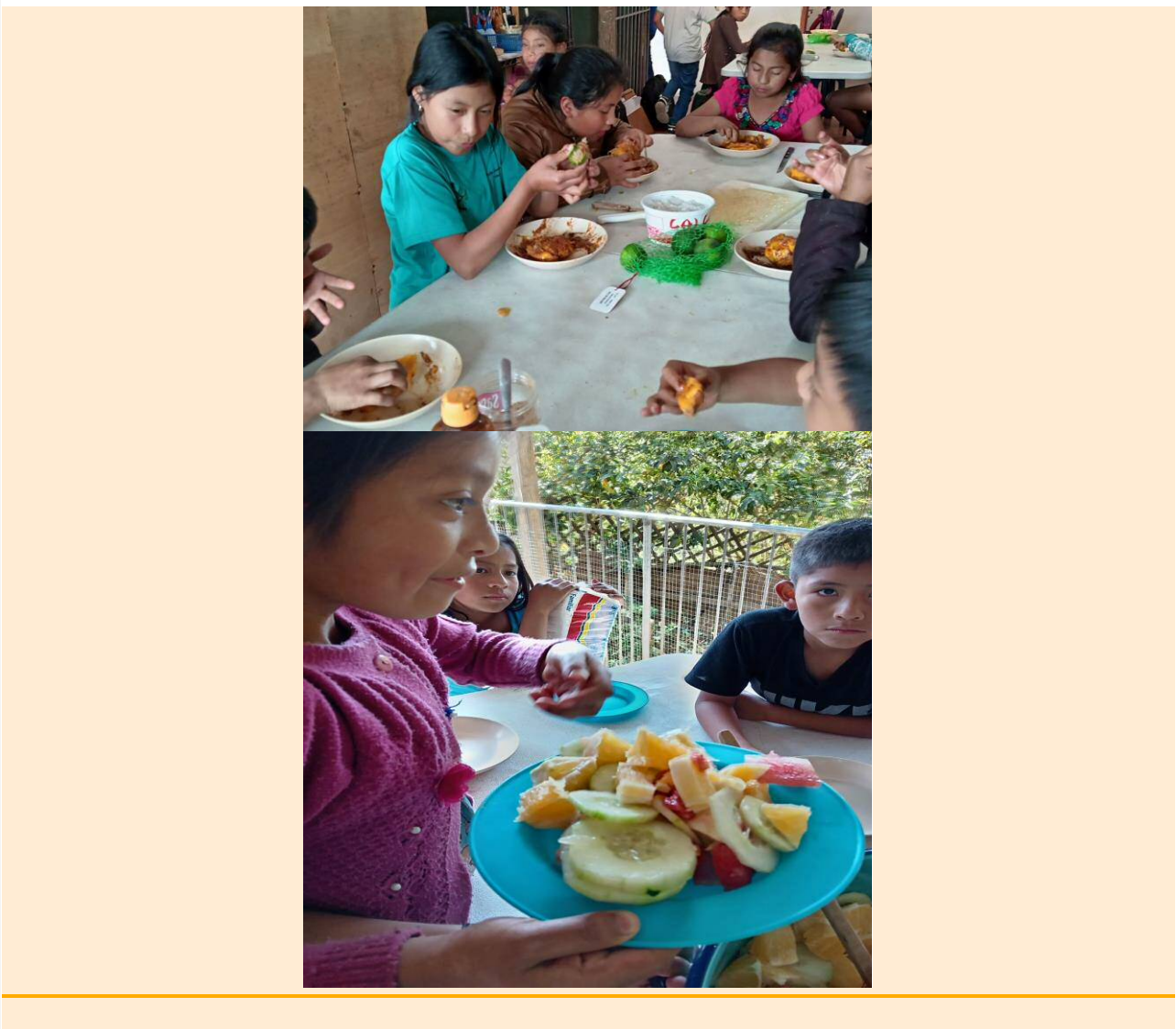
We are pleased to be helping a year-long long humane education programme in the resource-poor El Hato district of Guatemala. This is our second and much larger collaboration with Asociacion Juntas Podemos, following our sponsorship of a successful vacation camp towards the end of 2024.

Forty children – aged 6-12 and almost exclusively chosen from low-income families who

often struggle to provide a nutritious diet - are spending three hours per week on a course designed to develop empathy, compassion and respect for animals, people and the environment. Games, interactive learning, storytelling, videos, food preparation and art are all employed as methods to teach conflict resolution, peaceful communication and the importance of caring for animals and nature. At each session, students receive a nutritious vegan snack meal, helping to alleviate hunger and to encourage awareness of compassionate food choices.

We also provided food for a special Mother's Day celebration that brought carers and children together to share a meal and to learn more about good-value vegan food and the ethos behind it.

You can see a full interim report on the project [here](#):



Animal Care Centre in Nepal

Early this month we sent funds to help Magic Marble Foundation's new veterinary care centre in Kathmandu, aimed at introducing 'a model of compassionate care'. The main purpose is to work with local communities to confront the root cause of animal suffering in the homeless dog population through a comprehensive vaccination and sterilisation programme. The clinic also offers medical treatment and care for sick and injured individuals and also for the terminally ill. It has a committed vegan ethic at its core.

Having made an initial donation last year to pay for essential medical apparatus, we have now added further funds to help with the centre's education and sterilisation programmes, and to feed the dogs in its care.

As many of you will know, we like to be specific about our commitments so that our supporters know exactly where their donations are going. In this case we have paid for:

- 150 homeless dogs to be sterilised, preventing pregnancies and ill-health particularly in mothers and their young
- 2200 lentil-based vegan meals for temporary and longer-term canine patients.
- A further \$200 dollars has been donated towards the centre's external education programme, encouraging vegan food for dogs and offering community workshops on animal care, rabies prevention and the importance of sterilization.

You can watch an inspiring video on the new care centre and its values [here](#).





Ethiopia - Security Issues and Displaced People

Our biggest disappointment in the last year has been the news that our school feeding programme at Jihur Primary School in Northern Ethiopia had to be suspended for security reasons. Ironically, even though the programme survived the worst of the vicious civil war, levels of violence in the area since the official ceasefire have made it impossible to keep the initiative going.

In January, at the special request of our partners at International Fund for Africa (IFA), we instead sent funds to help some of the huge numbers of people displaced by the war. Millions of women and children in particular have lost their homes and had to flee far away. Tragically, IFA informed us, some have been kidnapped, killed or left physically disabled. Among the worst affected groups are children, pregnant women, single parents

and the elderly.

Our funds allowed 156 internally displaced people (15 under five-year-olds, 66 single women and 75 elderly folk) who have relocated to Addis Ababa to receive month-long supplies of the essential Ethiopian bread ingredients of flour and oil. Parents of young children were also allocated the specially formulated vegan Famix - a flour mix easily digested and containing essential nutrients. (We have previously purchased Famix to help refugee children living in a camp in the north of the country).



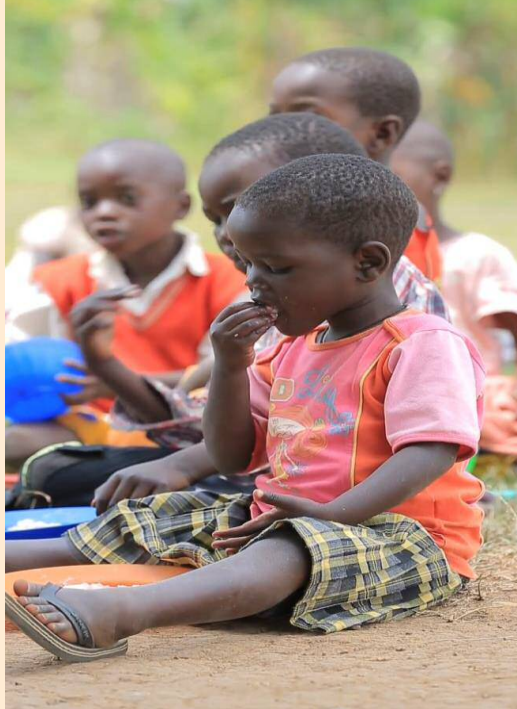
New Ethiopian School Feeding Programme Soon?

At the time of writing, it looks unlikely that the Jihur school programme can resume any time soon. However, a new school in an area with equally difficult economic problems has been identified and researched. A small pilot scheme is being conducted and we are planning to feed some much in need Ethiopian school students again in the second half of the year.

Uganda School Feeding Programme

One school feeding programme that we were able to continue supporting is at Kasikombe, a Primary School in Uganda. On Christmas Eve 2024, we sent funds to cover school meals for 50 children at Kasikombe and Nampewo Primary School, situated roughly 70 miles west of Kampala. We began funding this project in October 2023 and were pleased to renew our commitment.

Meals are prepared at the school, based on culturally appropriate dishes and largely utilising locally grown ingredients. The dish in the photo is Posha, a local and culturally appropriate meal of steamed cornmeal, kidney beans and mixed greens, all purchased locally. This also helps the local economy by establishing a regular and reliable market for farmers.



General aims for the rest of 2025 and beyond

- To educate about our vegan values while simultaneously offering practical help to those in need
- To deliver 'small acts of kindness' that enable at least a few people (particularly children) and non-human animals relief from hunger and other forms of suffering and, hopefully, offer them an opportunity to lead more fulfilling lives
- Wherever possible, to prioritise projects with the potential to make a long-term positive impact on economically struggling local communities
- To ensure that no expenses or salaries are deducted from the charity's funds (other than unavoidable bank charges) so that 100 percent of donations go to the projects we undertake.

Finally ... a familiar plea!

We are dependent upon our small and incredibly loyal and generous group of supporters (that's you!) for funding and promoting our work. Please do continue to pass on news of our initiatives to anybody who you think might be interested, either through social media or word of mouth.

Also, if you have the possibility of making further donations to charity, please think about including us among the many important causes that need and deserve your help.

We set modest goals we know we can achieve, delivering small-scale initiatives that have at least made a difference to a few hundred lives, delivered with a message of compassion to all living beings.

As always, thank you for your faith in our work.

For more information, visit:

Website: vegancompassiongroup.co.uk

Email: info@vegancompassiongroup.co.uk

Facebook: Vegan Compassion Group

To donate, visit:

https://vegancompassiongroup.co.uk/vcg_public/vcg_donate.php