
2018/19 Annual Report for The Vegan Compassion Group



INTERNATIONAL FUND FOR AFRICA
August 2019

Annual Report for 2018/19

Sustainable School Health and Nutrition Program

International Fund for Africa (IFA) has received funds to support its sustainable school health and nutrition program (SSHNP) at Hana Primary School in Ethiopia for four consecutive years from The Vegan Compassion Group (formerly Living without Cruelty Trust)

Both IFA, beneficiaries and the relevant district offices are grateful for the much-needed support. One of the beneficiaries at Hana Primary School (HPS), Emebet, a 13-year-old girl in grade 5A, who enjoys the two nutritious, plant-based school meals served on school days by IFA shared the following with IFA's SSHNP staff:

“I benefited from the various types of food which provided me with energy, and which was supportive for my education. I feel bad when I see other children who come to school with empty stomachs. In the future I want to help such children and other helpless persons. I want to thank IFA, the organization that helps us”

The annual report explains the objectives, achievements, expenditures and challenges IFA faced while implementing the project funded by The Vegan Compassion Group during the 2018/19 school year.

Overview of International Fund for Africa

International fund for Africa (IFA) is registered and licensed by the agency of charities and societies as a foreign charity in accordance with the charities and societies proclamation no 621/2009 since August 30, 2010 under charity number 1970. IFA has been executing its project in three regions of the country (Addis Ababa, Amhara and Oromia) since August 2010.

IFA's vision is to build a world where the wellbeing of every woman and child is a reality.

IFA's mission is to ensure that every infant and child in Ethiopia has the chance to grow and realize his or her full potential. By saving lives at birth, treating sick children and adults, and working in partnership with families, communities, institutions, government and non-governmental organizations, IFA seeks to help people help themselves.

Introduction

School Health and Nutrition (SHN) is first and foremost a school-based program with an emphasis on a healthy and well-balanced plant-based nutrition with the goal of promoting good health and learning capacity among students.

IFA's SHNP has 4 components:

- School Feeding and Nutrition
- School Eye Health
- School WASH
- Sustainability through income generating activity

IFA's main reason for investing in school health is because it is a cost-effective way of reaching school age children who are one of the most underserved population group; this group can be well served through simple health interventions using existing infrastructure of schools. Furthermore, it is also well documented that improvements in health result in improvements in educational outcomes.

The SSHNP meets IFA's overarching organizational objective in the following ways:

- **Capacity building** – every year various capacity building trainings in nutrition, hygiene and sanitation are provided for beneficiaries to strengthen the ability of individual, communities and institutions make effective use of resources and achieve their goals
- **Gender Empowerment and Equality** – schoolgirls are supplied with reusable sanitary pads to prevent them from dropping out of school and maintain their school attendance so that their future economic productivity and health related outcomes are ensured
- **Evidence based** – school meals are plant-based and designed to align with evidence-based practices that are research driven to ensure better effectiveness and greater accountability to promote human, animal and environmental
- **Collaboration** – IFA establishes multi-sectoral partnerships in the schools between communities, public, private and non-government organizations to realize shared goals
- **Holistic** – the wellbeing of school children is promoted in a holistic manner by addressing nutrition, health, sanitation, environment and education related needs of especially the marginalized and vulnerable one to foster inclusive growth that is realized by working towards shared goals that pertain to the whole rather than piecemeal development.
- **Sustainability** – IFA is in the process of launching income generating schemes - a mushroom farm and two bakeries to cultivate self-sufficiency, social responsibility and stewardship of resource, by engaging all stakeholders to deliver sustainable development.

Objectives of the SSHNP

IFA's SSHNP objectives are:

1. *Nutrition & Health Related*

- reduce hunger and nutritional deficiencies
- Increase use of diversified source of food in school meals
- Increase use of fresh fruits, vegetables and proteins
- Incorporate essential health and nutrition interventions, such as deworming combined with sensitization on hygiene, education, and prevention

2. *Education Related*

- Improve school attendance

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- Improve educational achievements
 - Provide social protection for vulnerable households by providing school meals and incentivizing parents to send their children to school

Main Activities

The activities accomplished by the School Feeding and Nutrition project during 2018/19 include the following:

1.1. Names and locations of the school

- Hana Primary School (HPS); located in Woreda 01, Nefas Silk Lafto Sub city

1.2. Number of beneficiaries

- Direct beneficiaries – number of beneficiaries at HPS was increased to **250 primary school children this year**, of these 160 are boys and 90 are girls. When there is left over food, meals are provided to children who are on the waiting list
- Indirect beneficiaries:
 - **4 women** from the community were provided with gainful employment as cooks for the school feeding program
 - All the families whose children are enrolled in the school feeding program

1.3. Activities

- Capacity development for cooks – ongoing training on nutrition and hygiene
- Revision of school meal menu based on nutritional value and diversified source of food
- Dispensed biannual deworming tablets to prevent parasitic infestation
- Provided two nutritious school meals (breakfast and lunch) on school days for 250 school children
- The school meal menu for the lunch program (See attached photo)



Outcomes and Achievements

The following achievements were made in 2018/19:

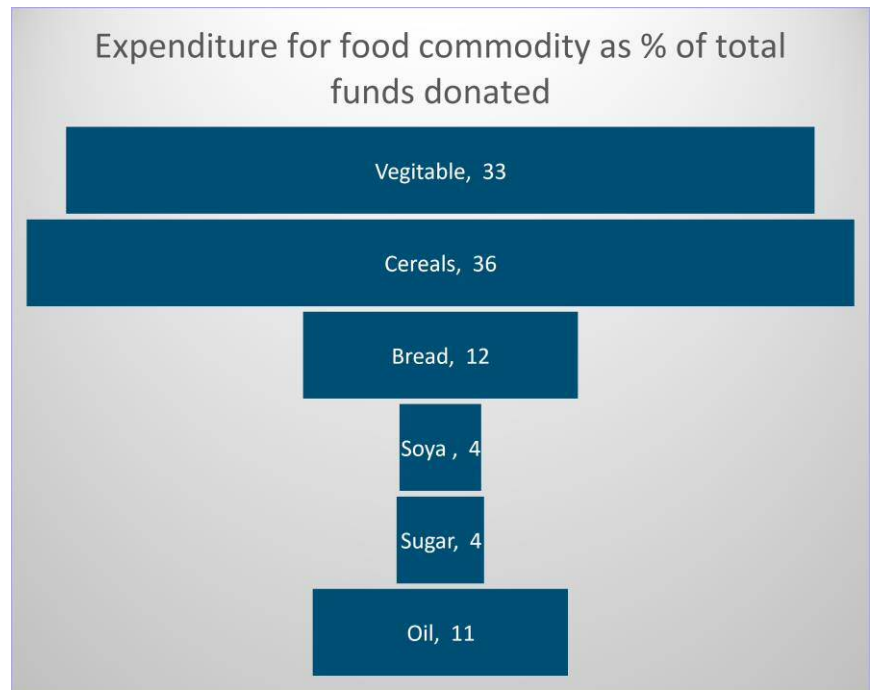
- Nutrition & Health Related for 250 students:
 - Reduced hunger and nutritional deficiency
 - Improved energy levels of beneficiaries
 - Improved hand washing practices
 - Decreased incidence of parasitic infections
- Education Related:
 - Improved learning and attentiveness in class observed by teachers among beneficiaries receiving school meals
 - Improved school attendance of students
- Sustainability Related:
 - Ownership of the SHNP by the SHN committee
 - Establishment of mushroom farm
 - Institutionalization of a robust monitoring and evaluation system

Expenditure

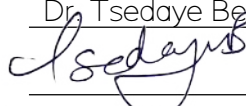
School feeding expenditure of the funds donated is depicted in table below. Due to the increase in number of beneficiaries to 250 students this year the funds donated covered the cost of food ingredients from the months of October 2018 – January 2019

Annual Budget Transferred from The Vegan Compassion Group (formerly Living Without Cruelty Trust)				
For Hana Primary School Feeding Program				
Description/Items for	UOM	Total Transferred in Pound	Total Transferred in ETB	Remark
Food Ingredients	Lump sum	5000	178,500.00	Used exchange rate of 1GBP to 35.7 ETB

Purpose	Amount in ETB	%
Vegetable	59,185	33
Cereals	65,422	36
Bread	21,742	12
Soya	6,464	4
Sugar	6,937	4
Oil	20,203	11
Total	179,954	100



SHNP - School Nutrition and Feeding Program				
Name of Grantee: International Fund for Africa (IFA)				
Name of Funder: The Vegan Compassion Group (formerly Living Without Cruelty Trust)				
Name of School: Hana Primary School				
Academic Year: September 2018/199				
Date	Purpose of Expenditure	Budget Head/Ref No.	Model 19/ Voucher No.	Expenditure
31/10/2018	Vegetable for October 2018	HPS-V-01	757169	10,474.81
31/10/2018	Cereals for October 2018	HPS-C-01	757170	12,505.71
31/10/2018	Bread for October 2018	HPS-B-01	757182	4,790.93
31/10/2018	Sossi soya for October 2018	HPS-SS-01	757173	1,979.58
31/10/2018	Sugar for October 2018	HPS-SU-01	757177	2,008.16
31/10/2018	Oil for October 2018	HPS-O-01	757178	4,554.00
Subtotal October 2018				36,313.19
30/12/2018	Vegetable for November 2018	HPS-V-02	757169	10,474.81
30/12/2018	Cereals for November 2018	HPS-C-02	757170	12,505.71
30/12/2018	Bread for November 2018	HPS-B-02	757182	4,790.93
30/12/2018	Sossi soya for November 2018	HPS-SS-02	757179	1,494.79
30/12/2018	Sugar for November 2018	HPS-SU-02	757171	2,790.56
30/12/2018	Oil for November 2018	HPS-O-02	757172	5,796.00
Subtotal November 2018				37,852.80
31/12/2018	Vegetable for December 2018	HPS-V-03	757181	14,790.27
31/12/2018	Cereals for December 2018	HPS-C-03	757176	19,269.11
31/12/2018	Bread for December 2018	HPS-B-03	757182	4,790.93

31/12/2018	Sossi soya for December 2018	HPS-SS-03	757179	1,494.78
31/12/2018	Sugar for December 2018	HPS-S-03	591364	2,138.56
31/12/2018	Oil for December 2018	HPS-O-03	757178	4,554.00
Subtotal December 2018				47,037.65
31/01/2019	Vegetable for January 2019	HPS-V-04	591361	12,399.42
31/01/2019	Cereals for January 2019	HPS-C-04	591362	21,141.78
31/01/2019	Bread for January 2019	HPS-B-04	591368	7,369.00
31/01/2019	Plain Soya January 2019	HPS-SS-04	591366	1,494.78
31/01/2019	Oil for January 2019	HPS-O-03	591365	5,299.20
31/01/2019	Vegetable February 2019	HPS-V-04	757188	11,045.98
Subtotal January 2019				58,750.16
Grand Total				179,953.80
Prepared by:		Approved by:		
Name	<u>Nardos Alemayehu</u>	Name	<u>Dr. Tsedaye Bezabeh</u>	
Signature	_____	Signature		
Date	<u>13/8/2019</u>	Date	<u>13/8/2019</u>	
Position	SSHN Coordinator	Position	Program Director	
Acronyms				
HPS-V-01	Hana Primary School Vegetable	HPS-SS-01	Hana Primary School Sossi Soya	
HPS-C-01	Hana Primary School Cereals	HPS-SU-01	Hana Primary School Sugar	
HPS-B-01	Hana Primary School Bread	HPS-O-01	Hana Primary School Oil	

Pictures



New Kitchen at HPS



Menu of the weekdays with preparation guideline posted in the kitchen for ease of monitoring



Dining room setup for lunch



Students helping to setup the dining room for lunch



School Children at lunch at Hana Primary School

Conclusion

In the coming year IFA, in collaboration with its partners, donors and relevant stakeholders, will continue its work in alignment with its core values and principles, especially as it pertains to the vulnerable population and the promotion of sustainable practices such as the use of plant based school meals.

IFA's SSHNP, a school-based program with an emphasis on health and nutrition is successfully promoting good health and learning capacity among school children. The SSHNP with its four components, namely school feeding and nutrition, school eye health, school WASH and the IGAs to ensure its sustainability will in 2019/20 provide psychosocial support as an additional component.

This year, as in past years, IFA was awarded a certificate and a thank you letter:



This thank you certificate (written in Amharic, using the Ethiopian calendar) is a certificate that we strongly and rightfully believe IFA received on the shoulders of our partners and donors, especially our committed and multiyear donors of which The Vegan Compassion Group is one.

We look forward to more fruitful years of partnership.